

QP Code: 108009

Reg. No.:

**First B.Sc. Nursing (Ayurveda) Degree Regular/Supplementary
Examinations March 2023**

Swasthavrutha

Time: 3 Hours

Max Marks: 100

- Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together • Leave sufficient space between answers

Essay

(2x10=20)

1. What is vega (वेग). Explain dharaneeya (धारणीय) and adharaneeya vegas (अधारणीय वेग) and its treatment.
2. What is malnutrition. Explain various nutritional problems in public health and their preventive measures.

Short Notes

(10x5=50)

3. Aim and importance of swastha vritta (स्वस्थ वृत्त).
4. What is anupana (अनुपान). Mention its importance in ahara vidhi (आहार विधि).
5. Pasteurization of milk.
6. Epidemiological triad.
7. Discuss the sources, requirement and deficiency disorders of vitamin A.
8. Achara rasayanam (आचार रसायन).
9. Mention the method advantages and kalas (काल) indicated for prayogika dhoomapana (प्रयोगिक धूमपान).
10. How green vegetables are beneficial for health.
11. Describe mosquito control measures.
12. Define ventilation and its types.

Answer Briefly

(10x3=30)

13. Epidemic
14. Quarantine
15. Types of nidra (निद्रा)
16. Mid-day meal programme
17. Beri –Beri
18. Dasha vida papas (दश विध पाप)
19. Balanced diet
20. Samkramika rogas (सांक्रमिक रोग)
21. Discuss about brahma muhurtha (ब्राह्म मुहूर्त)
22. National immunization schedule
